



Daily Programme

Wednesday, 4 October 2023

Tonight: Smart Attire

Queen Mary 2 Voyage M330

Weather: 27°C (81°F) Sunny

Sunrise 6.47am Sunset 6.17pm

Time zone: GMT -4

In the port of Saguenay, Canada



Arrival time: 8.00am | All aboard time: 5.30pm

Port Highlights



Saguenay is a city in the Saguenay–Lac-Saint-Jean region of Quebec, Canada, on the Saguenay River, about 200 kilometres north of Quebec City by overland route. It was formed in 2002 by merging the cities of Chicoutimi and Jonquière and annexing smaller jurisdictions. The city of Saguenay constitutes a territory equivalent to a regional county municipality. The city is divided into three boroughs: Chicoutimi as well as Laterrière and Tremblay township. Saguenay is located in a depression in the Canadian shield called the Saguenay Graben, which has a somewhat more temperate climate than the surrounding region. This has encouraged agriculture and human settlement to take place. The relatively small and concentrated Lac St-Jean area where the city is located can be described as an isolated “oasis” in the middle of the vast remote wilderness of Northern Quebec. Few roads connect with the area from the south and east, and only one road connects from the northwest. No roads go north from the area into the wilderness; the last roads to the north end just a short distance from the city, and still within the Lac St-Jean area.

Shore Experiences

The following shore experiences will be meeting ashore in the bus parking area of the terminal. Please proceed through the terminal and at the exit turn right. Please make your way ashore 20 minutes prior to the tour departure time on your ticket. Please have your tour tickets in hand ready to show them.

Meet at the pier ashore

8.15am	004A	Saguenay & Val-Jalbert
8.15am	005A	Snapshot of Saguenay
8.15am	007A	Saguenay National Park Hike
8.15am	008B	Saguenay Fjord Kayaking
8.15am	009A	Saguenay National Park On Your Own
8.45am	003A	Saguenay Highlights
9.45am	001A	Saguenay Fjord National Park Discovery
10.15am	001B	Saguenay Fjord National Park Discovery
10.30am	007B	Saguenay National Park Hike
10.30am	008A	Saguenay Fjord Kayaking
10.30am	009C	Saguenay National Park On Your Own
11.00am	005B	Snapshot of Saguenay
12.45pm	006A	The Craftsman's Road
12.45pm	009B	Saguenay National Park On Your Own
1.45pm	003B	Saguenay Highlights

We kindly ask you not to attend any earlier than the advertised time as the transportation won't be ready and there will be no available seating.

All shore experience transportation will have your shore experience stated in the front window. Please check before boarding your transportation or if unsure please ask a member of the shore experience team.

Please note it may be necessary to walk some distance to reach your mode of transport for your designated shore experience. We are pleased to advise that we do offer water for purchase in our bars during the advertised opening hours.

Wheelchair Assistance

Guests are kindly reminded that wheelchair assistance, if required, will be provided to assist guests on and off the gangway only. As per the terms and conditions stated in the Cunard brochure, guests must be able to make their own way to the transportation on the pier or be accompanied by a travel companion who is able to assist them.

Launderettes Closed

During our stay in Quebec the launderettes will be closed due to the ship's limited capacity to retain grey water. Launderettes will be closed from 9.00am, 5 October until 5.30pm, 7 October. We apologise for any inconvenience caused and thank you for your understanding.

Ship's security notice

In order to prevent unauthorised persons boarding the ship, you are required to carry your guest identification card with you when going ashore.

You will be asked to produce this at the gangway when you leave and return to the ship. Be aware that we have established a secure area around the vessel and our security procedures require that you must be prepared to show your guest identification card when entering this area, in addition to showing it to the Security Staff at the gangway when leaving or boarding the ship.

We kindly ask you not to accept and bring on board any parcels or packages from strangers. Before boarding the ship, you may also be asked by our Security Staff to open parcels or handbags which you are carrying. We are sure that you will appreciate that this security is in the best interest of all concerned.

The Prince's Trust Silent Chart Auction

To raise funds for The Prince's Trust, we will be holding a silent auction for an authentic navigational chart from this voyage. It shows the route taken this voyage and is signed by the Captain and the navigational team. The chart will be on display today outside the Champagne Bar in the Grand Lobby, Deck 3 from 10.00am.



Sailaway Celebration

Join DJ Lily and Duo Panache for live music on deck as we set sail from Saguenay.

5.30pm Terrace Pool, Deck 8, Stairway D



Today's Activities

Morning - Evening 6.00am - 7.00pm

Sailaway Celebration with DJ Lily & Duo Panache

From 5.30pm, Terrace Pool, Deck 8

- 6.00am Good Morning Queen Mary 2 – Stateroom TV, Channel 24
- 6.00am Cunard Insights Lectures – Stateroom TV, Channel 47
- 9.00am Christian Fellowship Gathering (unhosted) – Boardroom, Deck 9, Stairway A (Port)
- 9.30am Solo Travellers' Meet Point (unhosted) – Golden Lion Pub, Deck 2, Stairway C
- 10.30am Morning Trivia – Carinthia Lounge, Deck 7, Stairway B
- 11.15am Walk-AMile Meet Point (unhosted) – Carinthia Lounge, Deck 7, Stairway B
- 11.30am Table Tennis Tournament – Pavilion Pool, Deck 12, Stairway B
- 12.00pm Movie: Wrong Place – Stateroom TV, Channel 24
- 1.00pm Baggo Tournament – Pavilion Pool, Deck 12, Stairway B
- 2.00pm Stop The Clock Quiz – Carinthia Lounge, Deck 7, Stairway B
- 2.00pm Movie: Simulant – Illuminations, Deck 3, Stairway B
- 2.00pm Social Bridge and Whist – ConneXions Rooms 4 & 5, Deck 2, Stairway A
- 3.00pm Shuffleboard Tournament (weather permitting) – Deck 13, Stairway B (Outside)
- 3.30pm Afternoon Tea with Pianist Blake Smith-Daniels – Queens Room, Deck 3, Stairway D
- 4.30pm Afternoon Trivia – Carinthia Lounge, Deck 7, Stairway B
- 5.00pm LGBTQ+ Social Hour – Commodore Club, Deck 9, Stairway A
- 5.00pm E-Sports Soccer: Penalty Shoot Out³ – The Fairways, Deck 12, Stairway B
- 5.00pm Friends Of Bill W. – Boardroom, Deck 9, Stairway A (Port)
- 5.15pm Pianist Blake Smith-Daniels – Chart Room, Deck 3, Stairway C
- 5.15pm Harpist Lora Panosyan – Commodore Club, Deck 9, Stairway A
- 5.15pm Catholic Mass with Father Thomas Hall – ConneXions Room 4 & 5, Deck 2, Stairway A
- 5.15pm Harmony String Trio – Carinthia Lounge, Deck 7, Stairway B
- 5.30pm Solo Travellers Evening Get Together – Champagne Bar, Deck 3, Grand Lobby, Stairway A
- 5.30pm Sailaway Celebration with DJ Lily & Duo Panache – Terrace Pool, Deck 8, Stairway D
- 5.45pm Guitarist Dan Camelo – Golden Lion Pub, Deck 2, Stairway C
- 6.00pm Recorded Ballroom & Latin Dance Music – Queens Room, Deck 3, Stairway D
- 6.30pm Harpist Lora Panosyan – Commodore Club, Deck 9, Stairway A
- 6.45pm Pianist Blake Smith-Daniels – Chart Room, Deck 3, Stairway C

³ Space limited to 20 guests on a first-come, first-serve basis. Must be 18 years or older to participate.

MAREEL

WELLNESS & BEAUTY

Explore the singular day spa that perfectly complements your Queen Mary 2 experience. Mareel Wellness and Beauty® elevates every spa treatment, environment and activity to unprecedented levels. This section of your Daily Programme will be where you can find a daily schedule of fitness and well-being seminars.

- 7.00am Mindset Guided Meditation – Queens Room, Deck 3
 - 7.30am Core Assets – Queens Room, Deck 3
 - 8.00am Slow Flow Yoga – Queens Room, Deck 3 (\$)
 - 10.00am Puffy eyes – Mareel Wellness and Beauty, Deck 7
 - 11.00am Burn fat faster – Mareel Wellness and Beauty, Deck 7
 - 2.00pm Improve your posture with Good Feet – Mareel Wellness and Beauty, Deck 7
 - 3.00pm Ladies Pamper Party – Mareel Wellness and Beauty, Deck 7
 - 4.30pm How to look 10 years younger – Mareel Wellness and Beauty, Deck 7
 - 5.00pm Lose Weight with Acupuncture and Oriental Herbs – Mareel Wellness and Beauty, Deck 7
- (\$) A fee applies.

- Headline Performances
- Insights by Cunard
- Movies
- Learn Something New
- Mareel Spa
- Social Gatherings
- Let's Play
- Live Music
- Something Special
- Boutiques

Evening 7.00pm - Late

Tonight's featured entertainment: Lovena B. Fox

At 8.00pm & 10.15pm, Royal Court Theatre, Deck 2 & 3

- 7.00pm Harmony String Trio – Carinthia Lounge, Deck 7, Stairway B
- 7.00pm Pre-Dinner dancing to the Queens Room Trio – Queens Room, Deck 3, Stairway D
- 7.15pm Harpist Lora Panosyan – Commodore Club, Deck 9, Stairway A
- 7.45pm Pianist Blake Smith-Daniels – Chart Room, Deck 3, Stairway C
- 7.45pm Folk Duo 'Aileen and Sticks' – Golden Lion Pub, Deck 2, Stairway C
- 7.45pm Recorded Ballroom & Latin Dance Music – Queens Room, Deck 3, Stairway D
- 8.00pm Showtime: Lovena B. Fox – Royal Court Theatre, Decks 2 & 3, Stairway B
- 8.00pm Movie: Simulant – Illuminations, Deck 3, Stairway B
- 8.45pm Motown, Soul and more with The Queens Room Musicians – Queens Room, Deck 3
- 8.45pm The Jazz Club with the Vlad Zincenko Trio – Chart Room, Deck 3, Stairway C
- 9.00pm Harmony String Trio – Carinthia Lounge, Deck 7, Stairway B
- 9.00pm Liars Club – Golden Lion Pub, Deck 2, Stairway C
- 9.00pm Commodore Club Live with pianist Campbell Simpson – Commodore Club, Deck 9
- 9.00pm DJ Lily Spins the Hits – G32, Deck 3, Stairway D
- 9.45pm Party Band 'Fourtunes' – G32, Deck 3, Stairway D
- 9.45pm Folk Duo 'Aileen and Sticks' – Golden Lion Pub, Deck 2, Stairway C
- 10.00pm Late Night Trivia – Carinthia Lounge, Deck 7, Stairway B
- 10.00pm Movie: Simulant – Illuminations, Deck 3, Stairway B
- 10.15pm Showtime: Lovena B. Fox – Royal Court Theatre, Decks 2 & 3, Stairway B
- 10.30pm DJ Lily Spins the Hits – G32, Deck 2, Stairway D
- 10.45pm Party Band 'Fourtunes' – G32, Deck 3, Stairway D
- 11.30pm DJ Lily Spins the Hits – G32, Deck 2, Stairway D
- 12.00am Party Band 'Fourtunes' – G32, Deck 2, Stairway D
- 12.45am The Beat Goes On with DJ Lily – G32, Deck 3, Stairway D

Lovena B. Fox

Award winning recording artist Lovena B. Fox presents "Broadway Visions". Lovena is a singer, actress and songwriter who's performed on Broadway and played the role of Sarah in the National Tour of "Ragtime". Tonight, Lovena takes you through some of her favorite Broadway tunes with hits from "Porgy & Bess", "Evita", "Jersey Boys" and more!

Presented by Entertainment Director, Neil Kelly.

8.00pm & 10.15pm, Royal Court Theatre, Deck 2 & 3



SHOPPING

Shop with confidence. If you can beat our prices in any store visited ashore, simply obtain proof from the authorized vendor and we will gladly match it, or refund the difference of any like-for-like product. Please include the stores telephone number with advertisement or written information (Internet pricing is not applicable to this offer).

- 6.30pm Last chance to shop the Kallati range with up to 40% off - Fine Jewellery Boutique
- 6.30pm In store fashion clearance sale - Fashion Boutique, Deck 3
- 6.30pm Last chance Beauty clearance - Beauty Boutique, Deck 3
- 6.45pm Guess the carat of the tanzanite competition: Winner Reveal - Fine Jewellery Boutique
- 7.00pm Freywillle - Folkloric Masterpiece - Fine Jewellery Boutique, Deck 3
- 7.00pm 1 Litre Liquor Allowance - Duty Free Boutique, Deck 3
- 7.30pm Roberto Coin Collection Summer Gifts & Seminar - Roberto Coin Boutique, Deck 3
- 8.00pm Farewell champagne with Erica Sacks - Fine Jewellery Boutique, Deck 3
- 8.30pm Federique and Oris last chance with watch cashback - Fine Watch Boutique, Deck 3
- 9.00pm Designer Hand Bag Sale upto 50% off - Mayfair Boutiques, Deck 3

Tonight's featured Entertainment

Tonight in the Queens Room

Motown, Soul & More

Join vocalists Veronica and Nick, and our Queens Room Musicians to dance the night away to songs from the likes of Aretha Franklin, Otis Redding, Wilson Pickett, Diana Ross and the Supremes, Tina Turner and many more.

8.45pm, Queens Room, Deck 3



Today's Movie: Simulant

Set in the near future, a humanoid enlists a global hacker to remove all restrictions on his thoughts and capabilities, triggering an A.I. uprising and a government manhunt to eliminate the rise of the machine consciousness.

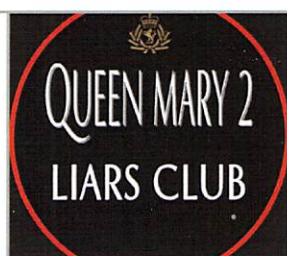
Rated R. Duration 1 hour 35 minutes.

2.00pm, 8.00pm & 10.00pm Illuminations, Deck 3

Liars Club

Join Activity Manager, Libby and special guests from the Entertainment Team, but can you tell fact from fiction? Come along to find out who is telling the truth!

9.00pm, Golden Lion Pub, Deck 2, Stairway D



Tonight's dress code: Smart Attire
Alternative dining option: Coriander

What to Wear: Smart Attire

From 6.00pm on board, we request you wear collared shirt and trousers, top and skirt or stylish trousers, or a dress. Of course, if you prefer to spend tonight in more relaxed attire, a selection of casual dining and entertainment venues are available for your enjoyment. Feel free to dress casually as you visit any of the following venues Kings Court, Golden Lion Pub, Casino, Carinthia Lounge, and G32. Please note non-ripped jeans are appropriate, but please refrain from wearing shorts, sports attire, swim wear or sleeveless t-shirts outside of the gym, spa and deck spaces.

For your information

Port Information/Passport requirements/Port agent

When proceeding ashore today in Saguenay, it is recommended by local authorities that all guests take some form of government issued identification such as passport or photo ID.

Ship's Agent: McLean Kennedy Inc. - Saguenay

Telephone: +1 438 373 0756 - for emergencies while ashore
Queen Mary 2 Satellite Phone Number: 00870 7732 35723

Currency: Legal tender in Saguenay is the Canadian Dollar. Queen Mary 2 deals in US Dollars.

Postage: Postcards and letters can be posted via the Purser's Office. The postage cost today is US\$2.15 per postcard/letter. If you already have a stamp on your letter or postcard we can still post it for you at the Purser's Office. This facility will close at 3.30pm. Any post received after this time will only be posted in the following port.

My Voyage



Explore My Voyage, our on board digital planner, and make on board dining reservations, join a virtual queue, view and book Shore Experiences and access your on board account at any time of the day or night. Explore My Voyage by simply connecting to 'Cunard_Guest_WIFI' and visiting myvoyage.cunard.com or by opening your device's camera, hovering over the QR code and selecting the pop-up screen. Reservations for dining are recommended, especially at popular dining times. Alternatively, simply show up at the restaurant of your choice when you are ready to eat. We'll seat you right away if there's availability or ask you to join a virtual queue to let you know when your table is ready. You can also make reservations by calling our dedicated reservations line on 38000.

Opening Times

Main Dining

Restaurants	In the Morning	In the Afternoon	In the Evening
Queens Grill Deck 7, stairway D (for Queens Grill guests only)	8.00am - 9.30am	12.00pm - 1.30pm	6.30pm - 9.00pm
Princess Grill Deck 7, stairway D (for Princess Grill guests only)	8.00am - 9.30am	12.00pm - 1.30pm	6.30pm - 9.00pm
Britannia Club Deck 2, stairway D	8.00am - 9.30am	12.00pm - 1.30pm	6.30pm - 9.00pm
Britannia Deck 2, stairway C	8.00am - 9.30am	12.00pm - 1.30pm	First Sitting: 6.00pm with last call by 6.15pm Second Sitting: 8.30pm with last call by 8.45pm
Britannia Deck 3, stairway C (for guests on open dining only)	-	-	Open seating from 6.00pm to 9.00pm

Alternative Dining

Options	In the Afternoon	In the Evening
Steakhouse at The Verandah ⁵ Deck 8, stairway D	-	6.00pm - 9.00pm
Coriander Dinner at Kings Court ⁵ Deck 7, stairway C	-	6.30pm - 9.00pm

⁵Steakhouse at The Verandah cover charge Lunch US\$30pp Dinner US\$50pp | Dinner at Kings Court cover charge US\$25pp
Dress code applies

All Day Dining

Options	In the Morning	In the Afternoon	In the Evening
Kings Court Buffet Deck 7, stairway B	Continental: 6.00am - 7.00am Buffet: 7.00am - 10.30am	Lunch: 11.30am - 2.30pm Afternoon Tea: 3.00pm - 5.30pm	Dinner: 6.00pm - 9.30pm Late Snack: 11.00pm - 12.30am
Kings Court Chef's Galley Deck 7, stairway B	-	Burgers and Hotdogs: 11.30am - 2.30pm	Pizzas and Pasta: 6.00pm - 9.00pm
Carinthia Lounge - Light Menu Deck 7, stairway B	Breakfast: 8.00am - 10.00am	Lunch: 12.00pm - 2.30pm Afternoon Tea: 3.30pm - 5.00pm	
Golden Lion Deck 2, stairway C	-	12.00pm - 2.30pm	-
Room Service 24hrs Available from the comfort of your stateroom	Breakfast Menu: 7.00am - 10.00am Brunch Menu: 10.00am - 1.00pm	Day Menu: 1.00pm - 11.00pm Afternoon Tea: 3.00pm - 4.00pm	Late Night Menu: 11.00pm - 7.00am

Afternoon Tea - 3.30pm - 4.30pm

Queens Room Afternoon Tea - Deck 3, stairway D

Bar and Lounge times

Boardwalk Café ^Δ	Closed	C32 (Guests over 18 only)	9.00pm - late
Carinthia Lounge	7.00am - 11.00pm	Grills Lounge (Grill guests only)	11.00am - 2.30pm 6.00pm - 12.00am
Champagne Bar	Closed	Pavilion Pool Bar	10.00am - 5.00pm
Chart Room	2.00pm - late	Sir Samuel's	8.00am - 11.00pm
Churchills Cigar Lounge	2.00pm - late	Terrace Pool Bar ^Δ	10.00am - 10.00pm
Commodore Club	2.00pm - late		
Golden Lion Pub	10.00am - late		

^Δweather permitting

Facilities and Retail times

Book Shop	6.30pm - 7.00pm	Medical Centre (dial 911 or 999 for medical emergencies) ^{**}	By appointment only, please dial 8880 8.00am - 10.00am 4.00pm - 6.00pm
Clarendon Fine Art	5.00pm - 9.00pm	On board Reservations (ext. 38000) ^Δ	8.00am - 6.00pm
Empire Casino Cashier	6.30pm - late	Play Zone (2 - 7 years old)	2.00pm - 5.00pm
Empire Casino Tables	6.30pm - late	Kids/Teen Zone (8 - 17)	6.00pm - 10.45pm
Florist	Order any time at the Purser's Office	Night Nursery (6 - 23 months)	2.00pm - 5.00pm 6.00pm - 10.45pm
Images Photo Gallery Screens available 24 hrs	6.00pm - 10.00pm	Purser's Office	Open 24 hours
Library	8.00am - 11.00am 3.00pm - 7.00pm	Shore Experience Office	8.00am - 10.00am 5.00pm - 7.00pm
Mayfair Shops	6.30pm - 10.00pm	Sports Activities	8.00am - 6.00pm
Mareel Spa & Salon	8.00am - 8.00pm	Voyage Sales (Appointment only)	please dial 22200
Fitness Centre	6.00am - 8.00pm		

All times are subject to change. ^ΔOn board Reservations to offer assistance with My Voyage and internet reservations
^{**}Appointments can be booked between 8.00am - 10.00am and 4.00pm - 6.00pm by dialling 8880. For medical emergencies, guests should dial 999 or 911.